




















Insert Client company logo here. Please scale to fit.

2011 Health Planner

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				
Jan	Australian Healthy weight week																																		
Feb	World Cancer day			Ovarian Cancer Awareness Month 																		Teal Ribbon Day													
Mar	March for Melanoma				Intl Womens day		World's Greatest Shave (Leukemia)					NSW Corporate Games																							
Apr	World's Health Day				Healthy food & lifestyle Week					Diabetes Month																		Make a wish day							
May	National Heart Week																	Hypertension Day		National Families Week 					Biggest morning tea		No tobacco day								
Jun	Kidney Health Week 			red Aple Day				Bowel Cancer Awareness Week					International Men's Health Week 					Mind Body & Spirit weekend					Red nose day												
Jul	National Natural Medicine Week					National Diabetes Week 															Stress down day		National Diabetes Week												
Aug	National Healthy Bones Week 		Healthy Bones Week													40 hour famine 		Daffodil Day					Hearing Awareness Week 												
Sep	National Asthma Week 			National Blood Donor Week					World First Aid day		National Stroke Week 					World Heart Day																			
Oct	Prostate Awareness Month					RUOK? 		National Mental Health Week 			Work Safe Week					Pink Ribbon Day		Occupational Therapy Week 																	
	National Nutrition Week 			Breast Cancer Awareness Month 					October					Beyond Blue Anxiety & Depression Month 																					
Nov	Spinal Injuries Week					World Diabetes Day		November 					Skin Cancer Action Week 																						
Dec	World AIDS Day																																		